

## Carers Group Cash Grants 2017/18

### Who can apply?

Any Carers group that is constituted and meets (*in the Western Trust area*) on a regular basis (at least bi-monthly).

*“A carer is someone who regularly provides a substantial amount of care to a family member, friend or neighbour who is ill, disabled or is an older person in an unpaid capacity.”*

### What can the funding be used for?

To provide support for Carers that will benefit their health and well-being. *The funding cannot be used for activities for the persons being cared for.*

Examples of what you may wish to apply for:

- To run a course or pay for speakers
- To run a cooking club with a focus on healthy eating
- To run some physical activities e.g. walking club/dancing/drama
- To have a day trip for carers
- Towards a carers information event

The activities listed above are ‘suggestions’ and are in no way intended to restrict more creative applications.

### What must we include in the application?

Please give details about your group, membership (numbers and age range), how often and where you meet. Please tell us about the usual format of your meetings and activities. **Please enclose a copy of the group constitution with your application if not already provided in previous years.**

### How much can we apply for?

The **maximum** grant is **£500**. If the activity is going to cost less than the maximum grant then only apply for the amount needed.

### When does the application need to be returned?

The application must be returned to Cathy Magowan’s office by **4pm on Monday 28<sup>th</sup> November 2017**.

### When must the grant be spent and evidence of spend returned?

The grant must be used by **Monday 10<sup>th</sup> September 2018** and the DP3 returns form returned by **28<sup>h</sup> September 2018**.

### **Carers Week**

Carers Week is 11<sup>th</sup> – 17<sup>th</sup> June 2018. If you are running any of your activities during Carers week please register your ‘quest’ with Carers NI or directly on [www.carersweek.org](http://www.carersweek.org)