

Consultation Document:

MAKING CHOICES:

Proposed Changes to the Provision of Statutory Residential Care for Older People in the Western Health and Social Care Trust

6 August 2015

This consultation process begins on 7 August 2015 and closes on 30 October 2015.

To be Read in Conjunction with EQIA – Proposal for the Future of Statutory Residential Care for Older People within the Western Health & Social Care Trust

Alternative formats

This document can be made available, upon request, in other formats including Easy Read, Braille, large print, computer disk, and audio tape or in another language for anyone not fluent in English.

For these formats please contact:

Telephone: 028 8283 5278

Email: equality.admin@westerntrust.hscni.net

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Foreword from the Chief Executive: request for your help with this consultation by the Western Trust

The Western Trust is consulting on the future of 4 statutory residential care homes in our area: -

- Thackeray Place, Limavady
- Greenfield, Strabane
- Rectory Field, L'Derry
- William Street, L'Derry

This is part of a long term piece of work which is necessary to ensure that we have the right services in place to meet the needs of older people in the Western Trust area both now and in the future.

I am conscious that this will be an anxious and unsettling time for our current residents and their families, and so I would like to reassure you that you will be able to live in your current home for as long as you may wish as long as it continues to safely meet your needs.

On 29 November 2013 the Health and Social Care Board (HSCB) commenced a public consultation on the proposed criteria for evaluating the future role and function of statutory residential care homes for older people. The consultation closed on 7 March 2014, and the final criteria were published in June 2014. At the same time Local Commissioning Groups (LCGs) were asked by the HSCB to undertake local needs assessments for older peoples' services. Any proposals for change were set within the context of the needs assessment.

On 16 April 2014, the then previous Minister for Health, Social Services and Public Safety (Edwin Poots, MLA) gave a commitment to the current permanent residents of the statutory residential care homes affected by the public consultation that they would be able to remain in their existing home for as long as they wish and as long as their care needs could continue to be met. This was broadly in line with previous HSCB and Trust commitments to residents, and the Trust reiterates this commitment in this document.

Following HSCB approval, Trusts were asked to apply the final criteria to relevant residential care homes for older people in their area, and subsequently make proposals for change to the LCG and HSCB for consideration.

At a recent meeting in public on 19 May 2015 the HSCB approved a recommendation that Trusts proceed to consult on their individual proposals for change.

Western Trust Proposals are as follows:

- Thackeray Place Statutory Residential Care Home will remain open and continue to accept admissions due to the current lack of alternative provision at present.
- 2. Greenfield Statutory Residential Care Home will remain open and continue to accept admissions due to current lack of alternative provision at present.
- 3. Rectory Field Statutory Residential Care Home should cease admissions and as a result this Home will eventually close. The Home will continue to function for as long as it can safely meet the needs of current residents.
- 4. William Street Statutory Residential Care Home should cease admissions and as a result this Home will eventually close. The Home will continue to function for as long as it can safely meet the needs of current residents.

The Trust has now commenced a consultation process on the possible implementation of these proposals and there will be no changes made until the consultation is completed, feedback considered and recommendations for change made and subsequently accepted by the Minister.

The Trust will provide feedback to residents, their families and staff about the outcome of this Consultation as soon as possible following the consultation closure date on 30 October 2015.

It is important that we provide the best possible level of care alongside the need to change and modernise our services, when this is required. The changing trends and desires of people must be taken into account as we plan for the future. I am confident that the proposals which are set out in this document will help us achieve a balance between continuing to care for the current residents of statutory homes appropriately and at the same time allowing us to progress plans which will address the future needs and preferences of our population.

The Trust wishes to consult as widely as possible on our Proposed Changes for the Provision of Statutory Residential Care. We welcome your views and a Consultation Questions and Response Form is set out below for you to complete, however, we welcome your comments in any format to ensure your views and wishes are listened to and considered.

ELAINE WAY, CBE Chief Executive

MAKING CHOICES: Proposed Changes in the Provision of Statutory Residential Care in the Western Health and Social Care Trust

PART 1 Western Health and Social Care Trust Consultation Document

SECTION 1 - Introduction

Introduction

In June 2011, the then Minister for Health, Social Services and Public Safety, Edwin Poots, asked for a review of Health and Social Care (HSC) services in Northern Ireland to: -

- consider whether services met the needs of our people
- identify the kind of reforms that should be made and
- outline how reforms could be achieved.

This review was called 'Transforming Your Care'. The review took account of the major pressures for change. These included the fact that we have more older people in Northern Ireland than ever before. The review sought the opinions of those who might use the service in the future, setting these in the context of the financial pressures on services.

The review team was asked to ensure that any plans would respond to all those pressures, and suggest how to make best use of the money we currently have. In doing so, the review also focused on changes that would provide most benefit to patients, users and carers and aimed to ensure that we would have safe, high quality services that are fit for the future.

After consulting the public about the review's recommendations, Minister Poots announced his plans for reform to the Northern Ireland Assembly in March 2013. These plans will affect everyone who uses our health and social care services in the future.

They include more support for older people who want to remain at home and changes to the care arrangements for older people who are unable to do so. They also include plans to reduce the number of statutory residential care homes by Trusts and arrangements to provide this type of care in other ways. **This document specifically deals with statutory residential care homes for older people.** It does not deal with nursing homes or homes which provide care for older people with specialist needs.

What is the purpose of this document?

This consultation document explains: -

- why we believe change is necessary
- outputs against the agreed criteria used by the Trust to develop proposals for change to statutory residential homes. Proposals are made within the context of the Western LCG needs assessment.
- alternatives that have been explored as part of the assessment process (the detail of which is contained in the Western LCG Needs Assessment at Appendix 3)
- how alternative support will be available to potential future users of statutory residential care homes
- how we will ensure that any changes have the best interests of older people at heart.

We want to let you know what we are trying to do. We promise to listen to and consider the views of everyone who responds to our proposals. It is important to have a healthy debate about them. This document represents the first step in a 3-step process: -

- **Step 1** Local consultation at Trust level on proposed changes to statutory residential care provision. This will start on **7 August 2015** for a 12 week period.
- Step 2 Consider feedback/impact from consultation and make recommendations for change for a Trust Board decision in January 2016.
- **Step 3** Following endorsement by the Minister of Health, Social Services and Public Safety commence implementation of changes and monitor them in **February/March 2016.**

Who is the consultation aimed at?

We are keen to hear from anyone, and any group, who has opinions about these proposals. In particular, we want to hear from people who are potential future users of statutory residential care homes and their families and carers. To help you respond, this document is structured as follows: -

Part 1 – which is this part of the document

- **Section 2** Change in the role of residential care.
- Section 3 explains what we are consulting on

- **Section 4** how to get involved and explains what happens when we issue this document.
- Appendix 1 is a list of the homes affected by this consultation.
- Appendix 2 Western LCG Needs Assessment for Older People with Residential Care Needs

Part 2 - Consultation and response form

You can respond to this consultation in any way that suits you. We have provided a series of questions related to the information we would particularly be keen to know. These are in this part of the document.

You can complete this form by detaching it from this document and writing on it, or by filling in the form available online (www.westerntrust.hscni.net). You can also contact us and we will send you a copy of the form.

This part is on Page 62 in this document.

How the process has developed

In spring 2013, some Trusts responded to the *Transforming Your Care* recommendation to reduce the number of statutory residential care homes by saying they wanted to consult on the future of their homes. This distressed some residents, their families, carers and staff. It also became a matter of wider public concern.

On 3 May 2013, the former Minister Poots stopped these consultations and asked the HSCB to review the plans and give him a report about how the original recommendations could go ahead in a planned and sensitive way. To do this the HSCB set up and chaired a Regional Review Group.

Proposed criteria for assessing residential care homes

The review group produced criteria that could be used to make decisions about the future of statutory residential care homes, and provide a sound basis for any changes needed. The criteria applied were as follows: the criteria produced are as follows:

- **Quality of Care:** Based on a range of quality measures such as care inspections, complaints, compliments and vulnerable adult investigation.
- Availability and Accessibility of Alternative Services: Fulfilled through the Western LCG needs assessment, which mapped out the accessibility and availability of both current and future services (apart from statutory residential care homes) for older people in the Western area.
- Care Trends: Based on number of permanent admissions to both statutory and independent residential care homes, demand for domiciliary care and number of alternative forms of accommodation
- **Best Use of Public money:** Based on cost comparison with independent sector and 5 year investment needed.

Stage 1

HSCB consulted on the proposed criteria.



Stage 2

We used the criteria to inform proposals for change to our Trust residential homes, and we are now consulting on these proposals.

Focus of this consultation

The criteria were applied to only 4 statutory residential care homes in the Western Trust area, as listed at Appendix 1.

- These are only statutory residential care homes for frail older people.
- The homes do not include specialist facilities for people with dementia.

So this document relates only to 4 statutory residential care homes within the Western Trust and, as at midnight on 25 May 2015, 63 permanent residents reside in these homes as set out below:

Week Commencing	Name of Home	No of Permanent Residents
	Thackeray Place	24
(as at midnight)	Greenfield	16
Monday 25/05/2015	Rectory Field	11
	William Street	12
TOTAL Permanent R	63	

SECTION 2 The Role of Residential Care

Role of statutory care has been changing

The pattern of statutory residential care has been changing for many years. In the last five years 3 statutory residential care homes for older people have closed within the Western Trust.

Residents and their families/carers as well as staff have been involved in the planning throughout the process and we have considered their views. In some cases residents have moved to other accommodation such as supported housing and independent sector



residential homes. In many cases this has allowed us to plan and develop other facilities that meet people's needs in a different way.

As at midnight on 25 May 2015, 63 individuals are permanent residents in statutory residential care within the Western Trust. Residential care is a response to individual need, and we acknowledge that there will always be a need for residential care for older people. The needs of those using residential care may change and, in the current model, they may have to move to nursing home care or specialist facilities. Continued change is inevitable. This consultation recognises that as a result of reviews of current care provision within the Trust there is a need to manage change over the next three to five years and beyond.

Reasons for change

The main reasons for making these changes include: -

- Increased provision of home based care, including Domiciliary Care, and Reablement to enable older people to live in their own home.
- People are choosing to remain in their own homes therefore reducing the demand for residential care.
- Condition of the buildings, no new statutory residential care homes for older people have been built since the 1980s and many have needed major repairs or upgrading. In terms of physical condition and layout of the buildings many of the existing homes do not meet the (DHSSPSNI, 2011) Minimum Standards and require significant investment to address building, mechanical and electrical standards over the next 5 years.
- Our commitment to developing a range of alternative community services that will support older people to remain at home for as long as possible, these include:
 - o Home based supports, like, Reablement and Domiciliary Care
 - Acute care at home services, which will be developed this year to provide Geriatrician led, multi-disciplinary treatment and care for older people in their own home or nursing home who are acutely unwell and would otherwise have been admitted to hospital.
 - Day Care services are being developed to provide therapeutic care for those with dementia
 - Floating support which enables individuals to remain in their own community in their own home with the appropriate supports to meet their needs.
 - Community & Voluntary Sector provide a range of services available to older people across the Western Trust area.
- Supported and Sheltered Housing options offer older people the opportunity to live in a home that has been designed and built specifically for older or disabled people with support provide on-site.
- Other options for the provision of residential care are now available within the private sector.
- Cost of care:

The average full cost of a place in statutory residential care is much higher than in the independent sector. At a time when the number of people over 65 is rising and the funding available is not keeping pace, we need to consider how to make the best use of the money we have to meet all our demands.

Currently everyone in the Western Trust who needs residential care receives an offer of that service.

What this tells us

These factors have shaped the recent programme of change to statutory residential care provision the decision to close a home is very complex. It is rarely based on just one thing, like the cost of care. A number of things need to be considered and the process takes time. In the recent past this approach has served well the residents and their families and carers, care home staff and the wider public. We want to build on this as we move to the next phase of change.

In developing the proposals for the homes within the Western Trust we have considered all the above issues.

Some key facts

We want to share some facts about services for older people in the Western Trust.

Since 2010/2011 there has been a 38% drop in the number of permanent admissions of frail elderly to residential care homes, both statutory and independent. (Source: Western Trust.)

Domiciliary care spend for the care of Older People by the Western Trust has increased by 19% over the period 2010 to 2015. (Source: Western Trust financial information)

The total 2014/2015 budget for services for Older People within the Western Trust was £129m, including additional investment in reablement for older people. (Source: Strategic Resources Framework and HSCB Investment Proposal Templates 14/15)

Within the Western Trust the average cost per week for a place in a statutory residential care home is £376** more than in an independent sector residential care home. (Source: 2013/14 HSC Trust financial returns as derived from annual statutory accounts.)

The Northern Ireland Housing Executive, through its Supporting People Programme projects, spent £9.5 million in 2013/14. This programme supports older people to stay at home or in supported housing. (Source: Northern Ireland Housing Executive).

^{**}This excludes 'top-up fees', which are contributions that residents or their families or carers pay towards the costs of care.

SECTION 3 What we are Consulting on

What are we seeking your views about?

Earlier we spoke about the proposals relating to the statutory residential care homes within the Western Trust. We want to explain how we developed these proposals.

Developing the proposals

The proposals for change are set within the context of the Western LCG Needs Assessment for Older People with Residential Care Needs in our Trust area. The Western Local Commissioning Group was asked by the HSCB to develop a local needs assessment to indicate *the availability and accessibility of alternative services - including any proposed developments*. This criterion involves assessing how available and accessible other local services are for both current residents and people with residential care needs in the future.

The needs assessment considered:

- the current profile of our population aged 65 and over and their current place of residence
- trends in health and social care service delivery for this population since 2009/10 to date
- the projected future demand taking into account trends, projected population growth and feedback from local stakeholders regarding future services to meet their needs

The Western LCG needs assessment concluded:

- There are currently 338 registered residential beds in the area.
- Population projections and current demand profiles would indicate a need for 273 beds by 2023. This would suggest a surplus of 65 beds.
- There are currently 1284 places in sheltered / supported living accommodation with 930 of these in the Northern sector.
- Current occupancy levels are very high in supported living schemes especially in the Northern sector.
- Flexicare, reablement and self-directed support offer significant opportunities for further progress in assisting people to remain within their own homes for as long as possible.
- There has been a decline in carers assessments offered and completed from the end of June 2013 to the end of June 2014.
- Increased use of intermediate care beds in statutory homes (rehabilitation/step /down beds) in the Northern sector areas reflecting earlier hospital discharge.

- Decrease in respite bed usage in the Northern sector with the exception of Strabane.
- For the last 4 years there has been an overall increase of 1.8% in the number of clients receiving domiciliary care services from 3,836 in 2010 to 3,905 in 2013. However there has been an 11% increase in weekly hours over the same period. (NISRA survey information from September 2013 confirms growth in domiciliary care intensity, i.e. growth in average hours received by client, in the West).

Proposals to improve availability and accessibility of services

- The Western LCG needs assessment supported the view that further investment will enable the full roll out of a reablement therapy led model into the rest of the Northern sector in early 2015 (Southern sector localities commencing October 2015). This initiative will further delay/reduce demand for forms of on-going care including residential care.
- The Western LCG expects to invest in the establishment of a Contact and Information Centre by the Western Trust to connect people to the appropriate services/supports thereby improving accessibility to services.
- The Western LCG will match resources alongside those already invested by the Public Health Agency in a signposting service with the Independent sector in the Northern sector and across the West, for the provision of preventative services (for example, Flexicare services) to assist people in remaining within their own homes.
- The Western LCG expects the establishment of an online Directory of services and Providers will be updated on a regular basis by both Trust and Independent Sector staff.
- The Western LCG supports the increased uptake of self-directed support approaches to improve accessibility to flexible short break options for clients and their carers to manage their own care (through improved carer identification/assessment of need.)
- The Western LCG will further invest, using demographic funding, to expand capacity of Western Trust domiciliary care services
- Supporting People in partnership with the Western Area Supporting People (WASP) forum, there may be potential to expand supported housing schemes in the Western Trust area.

SUMMARY OF OVERALL OUTCOME FOR EACH HOME:

The use of regionally agreed criteria by all Trusts to help evaluate statutory residential homes for older people did not focus solely on ranking the facilities in order of score but also considered the Western Local Commissioning Group Needs assessment referenced above. However, the scoring did (i) provide significant reassurance about the quality of care being maintained in existing statutory provision; (ii) quantify both locally and regionally the trends associated with the demand/need for residential care within older peoples services; and (iii) brought insight to decision making about the best use of public money and financial viability of some services.

The process undertaken and the use of agreed criteria has enabled and informed wider assessment of services and needs by the Western Local Commissioning Group, and in turn the Trust proposals have been strongly influenced by this assessment. It is against this backdrop that proposals regarding the future of homes in the western area have been made, both scores and needs assessment were considered.

The Health and Social Care Board's consultation document 'Making Choices – Proposed Criteria for Change' November 2013, provides detailed information on the use of the regionally agreed criteria to evaluate the residential homes and is available at the following link:

http://www.hscboard.hscni.net/consultations/making choices

The following provides the overall outcome and proposed changes resulting from the assessment and evaluation of each home:

Thackeray Place, Limavady:

- Ranked second overall against the criteria, scoring 51% of overall available marks.
- Scored 750 out of a total of 900 for Quality of Care, indicating that the home provides a good quality of care.
- There is no independent sector residential home care available in the area.
- Scored highest of the 4 homes for Best Use of Public Money

Greenfield, Strabane:

- Ranked first overall against the criteria, scoring 55% of overall available marks.
- Scored 750 out of a total of 900 for Quality of Care, indicating that the home provides a good quality of care.
 - Scored highest of the 4 homes in Care Trends

Rectory Field, Waterside, L'Derry:

- Ranked joint lowest with William Street against the criteria, scoring 46% of overall available marks.
- Scored 750 out of a total of 900 for Quality of Care, indicating that the home provides a good quality of care.
- Scored low in both Care Trends and Best Use of Public Money

William Street, Cityside, L'Derry:

- Ranked joint lowest with Rectory Field against the criteria, scoring 46% of overall available marks.
- Scored 750 out of a total of 900 for Quality of Care, indicating that the home provides a good quality of care.
- Scored low in both Care Trends and Best Use of Public Money

The documents "MAKING CHOICES: Health & Social Care Board: Proposals for change to the future role and function of statutory residential homes for older people" provides details of the proposals within each Trust area is available alongside the "Western LCG Needs Assessment for Older People with Residential Care Needs" on our website www.westerntrust.hscni.net

Based upon the review the Trust has now developed the following proposals and wish to seek your views. Questions contained within the consultation questionnaire relate directly to these proposals.

These proposals have been approved by our LCG and the HSCB for further consultation as outlined below:

Western Trust Proposals are as follows:

- 1. Thackeray Place Statutory Residential Care Home will remain open and continue to accept admissions due to the current lack of alternative provision at present.
- 2. Greenfield Statutory Residential Care Home will remain open and continue to accept admissions due to current lack of alternative provision at present.
- 3. Rectory Field Statutory Residential Care Home should cease admissions and as a result this Home will eventually close. The Home will continue to function for as long as it can meet the needs of current residents.
- 4. William Street Statutory Residential Care Home should cease admissions and as a result this Home will eventually close. The Home will continue to function for as long as it can meet the needs of current residents.

SECTION 4 How can you get involved and what happens next

We want to hear your views on the proposed changes for providing residential care, as this will help us to plan our reforms to them. The consultation ends on 30 October 2015. After considering your views, we will compile a report of our findings and subsequent proposals which will be considered by our Trust Board before being considered by the HSCB. Finally if the proposals are endorsed by the Minister of Health, Social Services and Public Safety, we will publish them in early 2016.

There are lots of different ways you can get involved:



Copies of this document are available from:

- Our website: www.westerntrust.hscni.net
- Contacting the Trust offices by phone, email or post (details below)

There is a questionnaire as part of this document in Part 2 – you can fill this in, detach it from this booklet and send it back to us.

Also a separate questionnaire is available to help you to record your comments. You can fill this in online or download it, fill it in and send back to us. Alternatively contact us and we will send you a copy.

You can send us your answers or comments, by post or email to:

Mrs Bernie McCafferty
Strategic Change & Performance Improvement Manager
Spruce Villa
Gransha Park
Clooney Road
L'Derry
BT47 6TF

Telephone: 028 7186 3912

Email: bernie.mccafferty@westerntrust.hscni.net

Website: http://www.westerntrust.hscni.net

You can find us on Facebook and Twitter pages – see Facebook.com/WesternHSCTrust and Twitter@westernhsctrust

However you choose to give us your views, we want to hear from you.

Please send us your comments by

30 October 2015

Timetable for what happens next

This is an approximate timeline for the process in the future. This may change if some activities take longer than expected.

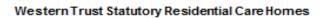
- Consultation period 12 weeks from 7 August 2015.
- Consultation feedback considered and report with recommendations completed by mid-December 2015.
- Consultation Feedback Report with recommendations considered at Trust Board meeting in January 2016.
- Consultation Feedback Report with recommendations considered at Health & Social Care Board meeting in February 2016
- Recommendations considered by the Minister of Health, Social Services and Public Safety in March 2016 and subject to his approval the Trust will move to commence the changes.

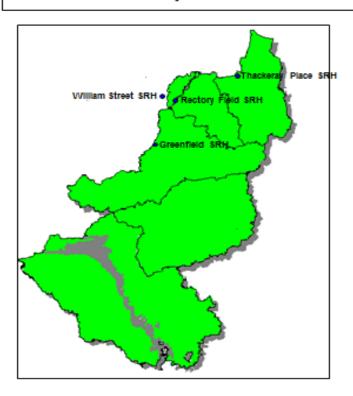
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APPENDIX 1 Trust homes affected by this consultation

Name of home	Location
Western Health and Social Care Trust area	
Thackeray Place	Limavady
Greenfield	Strabane
Rectory Field	Waterside
William Street	Cityside

Below is a map showing where each home is located.





Western LCG Needs Assessment for Older People with Residential Care Needs Final November 2014

Contents

Section 1 – Introduction: Pages 3-4

Section 2 – Current Population Profile and Trends: Pages 5-6

Section 3 – Service Capacity, Population Projections and Future Demand: Pages 7-26

Section 4 – Stakeholder Feedback and Proposals for Improvement and Availability and Accessibility of Services: Pages 27-36

Glossary: Page 37

1. Introduction

Following the publication of Transforming Your Care (December 2011) and subsequent consultation, Minister Poots announced plans for reform to the Northern Ireland Assembly in March 2013. The plans include more support for older people who want to remain at home and changes to the care arrangements for older people to assist with this objective. Subsequently, Trusts put forward proposals to reduce the number of statutory residential care homes and arrangements to provide this type of care in other ways.

In "Making Choices: Meeting the current and future accommodation needs of older people" (November 2013), the HSCB consulted on 4 criteria that should be taken into account when deciding on the future of statutory residential homes:

- 1. Availability and accessibility of alternative services
- 2. Quality of care
- 3. Care trends
- 4. Best use of public money

In support of this process, Local Commissioning Groups were requested to develop local needs assessments to indicate *the availability and accessibility of alternative services, to include any proposed developments*. This criterion involves assessing how available and accessible other local services are for both current residents and people with residential care needs in the future.

Possible options include the locality's other registered independent homes for residential and/or nursing home care and supports which can enable older people to remain at home, for example, reablement, assistive technology, domiciliary care, community and voluntary support services, home-based respite care and day care.

As outlined in Transforming Your Care, the key aim is to enable people to live at home as independently and safely as long as possible. In the Western area, as this paper will show, 97% of our population aged 65+ currently residing in their own homes with less than 9.7% of those having a domiciliary care package in place. Just over 15% or just fewer than 17,000 households aged 65+ live as one person or one family with no other people. We will challenge ourselves and our local providers to maintain and, where possible, improve on this further.

This document will consider the current and planned profile of residential care and alternatives to residential care in the Western LCG area. It will use demand profiles and population projections to forecast what elements of the current and emerging service models will be required going forward to support our older population, building in their views and that of other stakeholders.

In summary, this paper will consider:

- the current profile of our population aged 65 and over and their current place of residence
- *trends* in health and social care service delivery for this population since 2009/10 to date
- the projected future demand taking into account trends, projected population growth and feedback from local stakeholders regarding future services to meet their needs

2. Current Population Profile and Trends

<u>Table 1: Current Age Profile of WLCG Population (65+) Analysed by Local</u>
<u>Government District (LGD)</u>

LGD	65-74	75-84	85+	Total 65+
Derry	8,133	4,292	1,290	13,715
Limavady	2,746	1,371	490	4,607
Strabane	3,429	1,929	647	6,005
Omagh	4,046	2,321	872	7,239
Fermanagh	5,519	3,179	1,250	9,948
Western Trust	23,873	13,092	4,549	41,514

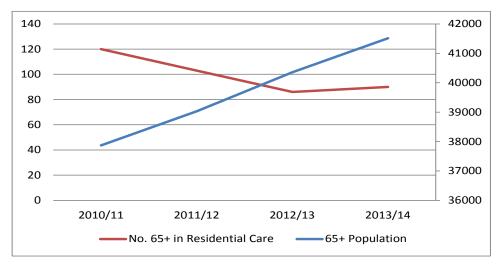
Source: NISRA 2013 MYE's

In percentage terms, Derry and Fermanagh LGDs have proportionally the highest older peoples' population across all of the above age bands totalling at 33% and 24% respectively. Limavady, Strabane and Omagh have 11%, 14.5% and 17.5% of the population. There is no statutory residential care accommodation available in the Omagh and Fermanagh localities.

2.1 Trends in the delivery of Residential and Domiciliary Care

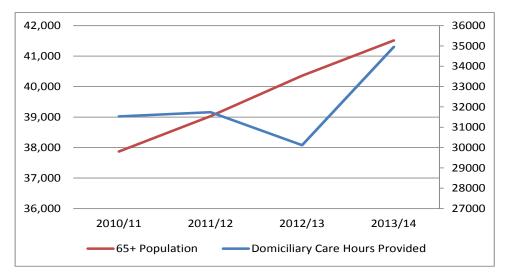
This needs assessment has been prepared in the context of the Transforming Your Care consultation regarding the future of statutory residential homes. As such, it will focus on the trends in usage of residential care and its main alternative – domiciliary care. It will consider the volume of services provided when compared to the changing population from 2010 to date.

Figure 1: Permanent Residents in Residential Home Beds (all sectors)
alongside 65+ Population 2010/11 to 2013/14, Western LCG Area (excluding
Dementia)



Source: Information to Support Statutory Homes Consultation for LCG's v3 (June 2014)

Figure 2: Trends in Domiciliary Care Provision (Hours) and Growth in 65+ Population 2010/11 to 2013/14, Western LCG Area



Source: WHSCT Homecare Department "Making Choices" – Review of Domiciliary Care Demand within the Western Area (2009-2014)¹

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3. Service Capacity, Population Projections and Future Demand

Table 2 below provides an overview of the WLCG 65+ population which is projected to grow by 40.1% by 2023, which is above the Northern Ireland average of 29.7%. The growth rate is particularly stark in relation to the 85+ population, which is projected to grow by 69.1% by 2023 in the WLCG area as compared to the Northern Ireland average increase of 66%. Within the Northern sector of the WLCG where the statutory residential homes are located, Limavady shows the greatest projected increase at 44% whilst Derry LGD will have the greatest numerical increase. In the southern sector, Omagh shows the greatest percentage increase over all of the LCG whilst Fermanagh shows the second greatest numerical increase.

Table 2: Population Projections

		20	12			20	23			% Ch	ange	
				Total				Total				Total
LGD	65-74	75-84	85+	65+	65-74	75-84	85+	65+	65-74	75-84	85+	65+
Derry	7,944	4,378	1,325	13,647	10,471	6,373	2,350	19,194	31.8%	46%	77.4%	40.6%
Limavady	2,681	1,391	531	4,603	3,368	2,272	1,007	6,647	25.6%	63%	89.6%	44.4%
Strabane	3,370	1,925	591	5,886	3,827	2,779	1,142	7,748	13.6%	44%	93.2%	31.6%
Omagh	3,959	2,370	850	7,179	5,757	3,473	1,411	10,641	45.4%	47%	66.0%	48.2%
Fermanagh	5,291	3,189	1,276	9,756	7,100	4,384	1,823	13,307	34.2%	37%	42.9%	36.4%
Western Trust	23,245	13,253	4,573	41,071	30,523	19,281	7,733	57,537	31.3%	45%	69.1%	40.1%

NISRA - Age Bands by LGD, 2008 Population Projections

Section 3 of the needs profile will examine the overall Western LCG area and by Northern and Southern sectors where information is currently available.

3.1 Western LCG Area

As illustrated in Table 3, the Northern sector locality is in line with the rest of the Western LCG in that 98% of our older population are living at home, with the remaining 2% being cared for in either a nursing or residential home. 4,924 people (WHSCT "Making Choices" September 2014; WHSCT Homecare Department "Making Choices" – Review of Domiciliary Care Demand within the Western Area 2009-2014) are in receipt of a care package, with 79% of those packages being

domiciliary based, 17% are nursing home care packages and the remaining 4% are residential care packages.

<u>Table 3: Number of People aged 65+ by Permanent Place of Residence – Western LCG²</u>

	Northern Sector	Southern Sector	Total
Nursing Home	367	456	823
Residential Home	82	115	197
At Home with Domiciliary Care Package		3905	
65+ Population	24,327	17,187	41,514

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² WHSCT "Statutory Residential Homes Weekly Bed Status Update", 27th October & 30th September 2014 (excludes EMI/Dementia). Domiciliary care information is sourced from "Making choices – Review of Domiciliary Care Demand within Western Trust Area 2009-14".

3.2 Residential Home Provision

Table 4: Residential Home Capacity and Placements in the Northern sector Locality³

LGD	Facility	Number of Residential Beds (Category "I") @ w/c 29 th Sept 2014	Number of Permanent Residents @ w/c27 th Oct 2014	Number of Temporary Residents @w/c 1 st Aug 2014	Respite / Intermediate Care Residents @ 1st Aug 2014
Statutory Se	ector				
L'Derry	Rectory Field	35	10		
	William Street Care Home	27	13		
Limavady	Thackeray Place	32	23		
Strabane	Greenfield	34	16		
Statutory To	otal	128	62	23	12
Independen	t Sector	As @ 31 st March 2014	As @ 1 st Aug 2014	As @ 1 st Aug 2014	As @ 1 st Aug 2014
L'Derry	Ard Cluan	15			
Limavady	Cornfield Care Centre	2			
Strabane	Bell Gray House	10			
Independen	Independent Total		20	5	0
Subtotal (Statutory and Independent)		155	82	22	2

Independent Sector: Number of Registered Beds - PMSI March 2014, based on RQIA Returns

³ Source: WHSCT "Statutory Residential Homes Weekly Bed Status Update", 29th September and 27th October. WHSCT Soscare Information System Download 1st August 2014.

<u>Table 5: Residential Home Capacity and Placements in the Southern sector</u>
<u>Locality</u>⁴

LGD	Facility	Number of Residential Beds (Category "I") @ 31 st March 2014	Number of Permanent Residents @ 1 st Aug 2014	Number of Temporary Residents @ 1 st Aug 2014	Respite / Intermediate Care Residents @ 1 st Aug 2014
Independent	Sector				
Fermanagh	Colorado	9			
Fermanagh	Northwick House	15			
Fermanagh	Slieveleague	8			
Fermanagh	Trevenna Lodge	9			
Fermanagh	Gortacharn*	15			
Fermanagh	Gillbrooke*	5			
Fermanagh	Millcroft*	10			
Omagh	Springlawn*	8			
Fermanagh	County*	6			
Fermanagh	The Graan Abbey*	15			
Fermanagh	The Tilery*	2			
Omagh	Whispers	3			
Omagh	Fortview	3			
Fermanagh	Millverne	35			
Omagh	Hillcrest*	20			
Omagh	Three Rivers Care Centre*	20			
Independent	Independent Sector		115	16	8
Sub total					

*Dual Homes

⁴ Source: WHSCT Soscare Information System Download 1st August 2014; Number of Registered Beds - PMSI March 2014, based on RQIA Returns

Table 6: Residential Home Capacity and Placements in the Western LCG Area

Statutory Sector	Number of Residential Beds (Category "I") @ w/c 29 th Sept 2014	Number of Permanent Residents @ w/c 27 th Oct 2014	Number of Temporary Residents @ 1 st Aug 2014	Respite / Intermediate Care Residents @ 1 st Aug 2014
Northern Sector	128	62	23	12
Independent Sector	As @ 31 st March 2014	1 st Aug 2014	1 st Aug 2014	1 st Aug 2014
Northern Sector	27	20	5	0
Southern Sector	183	115	16	8
Independent Sector Total	210	135	21	8
Overall Total	338	197	44	20

⁵Source: WHSCT "Statutory Residential Homes Weekly Bed Status Update", 29th September and 27th October. WHSCT Soscare Information System Download 1st August 2014. Number of Registered Beds - PMSI March 2014. based on RQIA Returns

Overall for the West, for the main category of I (old age not falling within any other category), as at September 2014 (Statutory Sector) and 31st March 2014 (Independent Sector) there were 16 Nursing Homes (582 registered beds), 13 Dual registered Homes (570 Nursing and 113 Residential Beds) and 12 Residential Homes (338 registered beds).

Total residential bed capacity for category I for the West was 338 beds available including 210 beds within the Independent sector.

The current statutory residential home capacity in Northern sector is 128 beds. There are no statutory residential homes in the southern sector.

Total number of residents in the Northern Sector is 110 (including temporary) representing a 71% occupancy level. The number of permanent residents stands at 82 (including 20 independent sector). This represents an occupancy level of 53%.

Occupancy levels for statutory home residents is 66.40% (including temporary) whilst it is 48.44% for permanent residents. Aside from Thackeray Place in Limavady at 72%, the remaining three statutory homes of Rectory Field, William Street and Greenfield have occupancy levels of 28.57%, 48.14% and 47.06% respectively).

The information above indicates that across the West, of the total statutory and independent residential beds, 338, only 241 are occupied (71.3%) by older people (non-EMI). Furthermore, only 197 of those occupying these beds are permanent residents (58.3%).

Acknowledging that resident profiles are based upon a snapshot in time, the current profile would suggest that 31.25% of non-permanent placements across the West appear to be used for either respite or intermediate care purposes. For Northern sector, this figure is 30% with statutory homes having the highest number of placements of this type.

<u>Table 7: Residential Home Permanent Admissions (Stat/Independent, Category I), 2010/11 to 2013/14, Western LCG Area (excludes Dementia)</u>

Year	Admissions			
	Stat.	IS	Total	
2010/11	22	82	104	
2011/12	23	55	78	
2012/13	17	50	67	
2013/14	17	55	72	
Totals	79	242	321	

Source: **Statutory Admissions -** Information to Support Statutory Homes Consultation for LCG's V3 June 2014; **Independent Sector Admissions** - Western Trust Abacus Finance Information System 30th September 2014

<u>Table 8: Permanent Admissions to Independent Sector Residential Homes by</u>
Locality and Year, Western LCG Area

Locality	2010/11	2011/12	2012/13	2013/14
Fermanagh	24	19	21	25
Limavady	2	1	1	0
Londonderry	34	17	5	5
Omagh	21	10	19	19
Strabane	0	3	1	3
Other Trust area	1	5	3	3
Total	82	55	50	55

Source: Western Trust Abacus Finance Information System 30th September 2014

The information presented above is for POC 4 only and excludes EMI.

Table 7 reflects the percentage change in admissions over the 4 year period, there has been a 23% and 33% reduction in statutory and independent residential admissions respectively with a combined reduction of 31%. Table 8 shows the largest reduction in permanent admissions to independent sector residential homes being in the L'Derry district at some 85%.

3.3 <u>Availability and accessibility of alternative Independent Sector Residential</u> Homes

This section focuses on the Northern sector of the LCG area where current statutory homes are located. This information and data has been drawn from "WHSCT, "Making Choices, Meeting the current and future accommodation needs of older people" Version 2 November 2014.

Table 9: Independent Sector Nursing Homes in Limavady

Facility Name:	Number of Rooms:	Category:
Cornfield	75 (excluding recently opened beds)	NHI and NHDE
Edenvale	48	NHI and NHDE
Longfield	46	NHI
Rush Hall	66	NHI and NHDE

Note: Longfield is in Derry DCA

<u>Table 10: Admissions by Year and Placement Type – Thackeray Place</u>

Admission Type	2013/14	2012/13	2011/12	2010/11	2009/10	2008/09
Permanent	5	5	11	5	6	6
Temporary	1	8	1	3	3	1
Respite	41	47	60	53	30	61
Rehabilitation	9	13	3	4	7	6

Key Points:

- Independent sector Residential Home care, no provision available.
- There are 4 Nursing Homes.
- At 27th October 2014 there were 23 permanent and 1 Temporary resident in Thackeray Place in Limavady (WHSCT – Statutory Residential Homes Weekly Bed Status 27th October 2014).

- The number of permanent and respite admissions appear to have spiked in 2011/12 however, there is an overall decreasing trend in permanent admissions over the period with respite being more variable (The spike may be due to the introduction of domiciliary FACS criteria at the end of 2010).
- There is a higher respite usage than other admission types in this facility.
- The number of permanent admissions to independent sector homes in the Limavady area has decreased by 100% in 2013/14 though the numbers have remained small. (Source: Western Trust abacus Finance Information System).
- Limavady reflects lowest number of sheltered and supported housing facilities of all the districts within the area with 4 sheltered and supportive housing facilities that provide 85 separate units with 100% occupancy (see table 25).

Table 11: Independent Sector Nursing Homes in Cityside

Facility Name:	Number of Rooms	Category
Brooklands	35	NHI
Culmore Manor	46	NHI

Table 12: Admissions by Year and Placement Type – William Street

Admission Type	2013/14	2012/13	2011/12	2010/11	2009/10	2008/09
Permanent	4	1	1	5	2	1
Temporary	4	4	0	0	1	4
Respite	9	11	5	15	22	19
Rehabilitation	8	5	2	2	4	5

Key points

- There are 2 Nursing Homes in the Cityside area as detailed in table 11.
- Within the Cityside area, there is no independent sector Residential Homes
- At 27th October 2014 there were 13 permanent and 3 temporary residents in William Street located in the cityside.
- The number of permanent admissions to William Street has remained low.
- 85% decrease in admissions to the independent sector Homes in the Derry city area to 2013/14.
- Permanent admissions to William Street have been small ranging from a maximum of 5 in one year to 1 or 2 all other years over the period.
- The number of rehabilitation and step up/down admissions has decreased from 2008 to 2012 with an increase in 2012/13 though numbers are small.

• There are 28 supported and sheltered housing facilities providing 740 separate units, the highest number of all the other districts within the Western area. Average occupancy levels are 95.61%.

Table 13: Independent Sector Nursing Homes in Waterside

Facility Name:	Number of Rooms	Category
Ard Cluan	15	RH I and RH DE
Daleview House	27	NH I
Edgewater	28	NHI
Longfield Care Home	46	NHI

<u>Table 14: Admissions by Year and Placement Type – Rectory Field</u>

Admission Type	2013/14	2012/13	2011/12	2010/11	2009/10	2008/09
Permanent	0	10	10	12	9	2
Temporary	8	3	14	14	10	3
Respite	0	4	5	1	4	50
Rehabilitation	20	10	17	13	8	20

Key Points

- Within the Waterside area of the city, there is 1 Residential Home and 4 Nursing Homes as outlined in table 13 above.
- At 27th October 2014 there were 10 permanent residents and a further 7 temporary residents in **Rectory Field**.
- The number of permanent admissions to Rectory Field remained relatively consistent up until 2012/13, and then decreased by 100% in 2013/14. From April 2013 there have been no admissions to Rectory Field.
- Likewise the number of respite admissions has decreased by 100% in 2013/14.
- Like the other statutory residential homes, the number of rehabilitation and step up/down admissions has increased in 2013/14 by nearly 54% from 2010/11.

Table 15: Independent Sector Nursing Homes in Strabane Locality

Facility Name:	Number of Rooms	Category
Bell Gray, Newtownstewart	35	RCI and NHI
Melmount Manor, Strabane	81	RC DE, NHI and NHDE

<u>Table 16: Admissions by Year and Placement Type – Greenfield</u>

Admission Type	2013/14	2012/13	2011/12	2010/11	2009/10	2008/09
Permanent	0	1	1	0	1	1
Temporary	5	9	13	11	9	6
Respite	9	19	21	25	24	31
Rehabilitation	2	12	8	5	2	10

Key Points

- There are 2 Nursing Homes in the Locality highlighted in table 15.
- At 27th October 2014 there were 16 permanent residents and a further 13 temporary residents in **Greenfield**.
- The number of rehabilitation and step up/down admissions increased consistently from 2009/10 until 2012/13 with a sharp decrease in 2013/14. Unlike William Street and Rectory Field.
- The number of permanent admissions to independent sector homes in the Strabane area has remained low. With 1 admission on average over the period.
- Within the Strabane area there are 6 sheltered and supported housing facilities which provide 129 separate units. The average occupancy across the facilities is 98.17%.

(Source: Data/information for this section is drawn from WHSCT "Making Choices: Meeting the current and future accommodation needs of older people" Version 2. November 2014).

3.4 Domiciliary Care

Review of Demand for Domiciliary Care Services

Table 17: Weekly Hours Delivered to POC4, 2010 to 2013, Western LCG Area

6	2010	2011	2012 ⁷	2013
In-House Hours	12108	12714	10351	11632
Contracted Hours	19426	19025	19768	23316
Total	31534	31739	30119	34948
No. Service Users	3836	3826	3456	3905

Source: Making Choices – Review of Domiciliary Care Demand within the Western Area (2009-2014)

<u>Table 18: Share of Domiciliary Care Weekly Activity by Local Council Area 2010</u> <u>to 2013 Western LCG Area</u>⁸

Area	2010	2011	2012	2013	Av. % Share	% Growth
Fermanagh	6621	6666	6331	7339	21%	10.8%
Omagh	5361	5395	5125	5942	17%	10.8%
Strabane	4415	4443	4221	5067	14%	14.7%
Derry City	11668	11745	11125	12755	37%	9.3%
Limavady	3469	3490	3317	3845	11%	10.8%

Source: Making Choices - Review of Domiciliary Care Demand within the Western Area (2009-2014)

⁶Information Source – CC7b – Domiciliary Care Services for Adults Reports DHSS&PS 2010 - 2013

⁷ Trust has stated that figures presented for 2012 are anomalous rather than demonstrating a significant deviation in activity, as such caution is required when interpreting.

⁸ Trust has indicated that Western Trust localities are not co-terminus with the local council boundaries; therefore the figures presented are indicative.

3.5 Day Care

Table 19: Day Care Attendances 2013 to 2014 in the Northern Sector of the Western LCG Area 9

Sector	Facility Name	Funded Places per annum	Attendance April 2013 – March 2014
Statutory	Thackery Day Centre	4802	2154
	Strabane Day Centre	9800	6190
	Foyleville Day Centre	4802	2672
	Creggan Day Centre	2205	1797
Statutory Total		21,609	12,813
Independent	Foreglen Community Association	8640	2309
	Claudy Rural Development	2880	2513
	Faughanvale Community Project	1728	2433
	FOLD – Seven Oaks	4940	3838
	The Resource Centre	3000	2283
Independent Total		21,188	13,376
Total Day Care Places		42,797	26,189

⁹ Attendances = actual daily attendances April 2013 to March 2014.

Table 20: Day Care Attendances 2013 to 2014 in the Southern Sector of the Western LCG Area

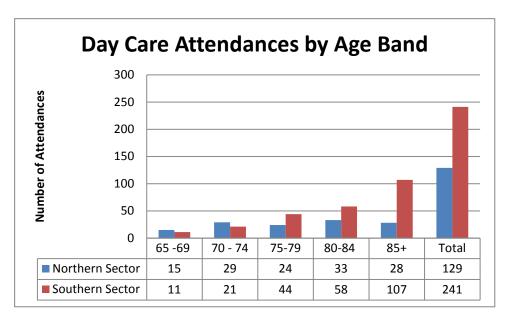
Sector	Facility Name	Funded Places per annum	Attendance April 2013 – March 2014
Statutory	Gortmore Day Centre	7350	4804
	Newtownstewart Day Centre	735	482
	Beragh Day Centre	2450	1355
	Dromore Day Centre	3675	413
	Tempo Road Day Care	6468	4214
	Drumhaw Day Centre	3920	3173
	Gortin Day Centre	735	348
Statutory Total		25,333	14,789
Independent	Derg Valley Care	3600	3051
	Lakeland Community Care		
	Belcoo	816	858
	Derrygonnelly	1224	1007
	Garrison	1428	890
	Teemore	1938	2299
	Newtownbutler	765	817
	Inspire Wellbeing		
	Carn Court - Roslea	1152	836
	Lowtherstown Court	1728	1207
In Inner Inne	- Irvinestown	10.051	40.005
Independent Total		12,651	10,965
Total Day Care Places		37,984	25,754

Source: WHSCT Soscare information download September 2014

The Northern sector locality has 4 statutory day care facilities offering almost 21,609 places per year and 5 independent sector facilities offering over 21,188 places per year. Total Northern sector places available are 42,797. Total annual attendances are 61.2% of available capacity.

In the Southern sector locality, older people currently have access to 25,333 day care places per year delivered through the 7 statutory day care facilities whilst the Independent Sector provides a further 8 facilities accounting for 12,651 places per year. Total southern sector places available are 37,984. Total annual attendances are 67.8% of available capacity and, within this total, much higher utilisation of non-statutory independent care places at 87.67%.

Figure 3: Statutory Day Care Attendances in the Western LCG by Age and Sector



Source: WHSCT Rurality Proforma February 2014

3.6 Telecare/ Assistive Technology and Meals on Wheels

<u>Table 21: Number of Telecare referrals for the WHSCT Primary Care Directorate</u> since 1st September 2012 to 31st August 2014

	Total New	Total New		Number of Patients	Number of Patients	
	Installations	Installations	Total	at end of month	at end of month	Total
Month	(RTNI)	(CAWT)	Installations	(RTNI)	(CAWT)	Patients
Sep-12	11	17	28	116	142	258
Oct-12	8	31	39	119	167	286
Nov-12	6	27	33	125	190	315
Dec-12	9	10	19	133	200	333
Jan-13	18	12	30	144	208	352
Feb-13	12	6	18	155	213	368
Mar-13	17	8	25	170	221	391
Apr-13	27	1	28	196	219	415
May-13	17	0	17	211	213	424
Jun-13	30	1	31	236	208	444
Jul-13	27	0	27	258	206	464
Aug-13	29	0	29	288	206	494
Sep-13	21	0	21	305	205	510
Oct-13	32	0	32	336	204	540
Nov-13	39	0	39	373	201	574
Dec-13	21	0	21	394	198	592
Jan-14	34	0	34	419	194	613
Feb-14	37	0	37	447	194	641
Mar-14		0	27	459	192	651
Apr-14		0	26	474	183	657
May-14	26	0	26	484	176	660
Jun-14	15	0	15	496	175	671
Jul-14	25	0	25	515	175	690
Aug-14	16	0	16	516	173	689
Total	530	113	643	7369	4663	12032

Source: Telemonitoring / Telecare Services September 2014 - WHSCT

From 1st September 2012 until 31st August 2014 there have been approximately 643 new patient Telecare installations by the WHSCT Primary Care Directorate. This is inclusive of both Trust and CAWT referrals.

At the end of August 2014 there were approximately 689 older people actively receiving Telecare via the RTNI and CAWT contracts.

In addition there is a further 420 beneficiaries of Telecare via other contracts with FOLD. (All of whom have been receiving the service since before the Regional Telemonitoring contract commenced in October 2011).

Table 22: Meals on Wheels Recipients 2009/10 to 2012/13 in the Western LCG

<u>Area</u>

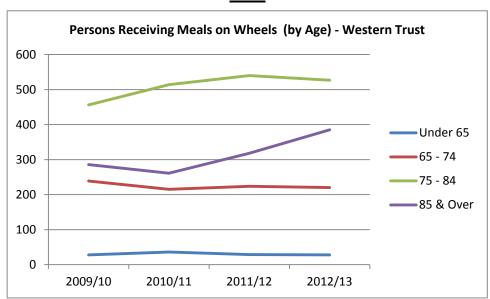
Western Trust - Persons Receiving Meals on Wheels Service (ALL POCs), by Age Group 1, 2

	Under 65	65 - 74	75 - 84	85 & Over	All Ages
2009/10	28	239	456	286	1,009
2010/11	36	215	514	261	1,026
2011/12	29	224	540	318	
2012/13	28	220		385	

¹ Information includes services provided by private contractors.

Source: DHSSPS - Statistics on Community Care for Adults in Northern Ireland 2012/13

Figure 4: Persons in receipt of Meals on Wheels by age and Sector 2009 to 2013



Source: DHSSPS - Statistics on Community Care for Adults in Northern Ireland 2012/13

3.7 Projections for West LCG

This section will take population projections for the period 2012-2023 and estimate the growth in the 65+ population for the West LCG (Table 23). This data has then been applied to the current permanent residents in residential care facilities in the West and by sector, to project the future residential bed requirement. Table 24 shows

² Figures include information on the provision of frozen meals.

that overall, using a straight line projection, approximately 65 fewer residential beds would be required by 2023.

<u>Table 23: Population Projections – Western LGDs</u>

	2012					
Northern Sector	65-74	75-84	85+	Total 65+		
Derry	7,944	4,378	1,325	13,647		
Limavady	2,681	1,391	531	4,603		
Strabane	3,370	1,925	591	5,886		
Total	13,995	7,694	2,447	24,136		

2023					
65-74	75-84	85+	65+		
10,471	6,373	2,350	19,194		
3,368	2,272	1,007	6,647		
3,827	2,779	1,142	7,748		
17,666	11,424	4,499	33,589		

% Change					
Total					
65-74	75-84	85+	65+		
31.8%	46%	77.4%	40.6%		
25.6%	63%	89.6%	44.4%		
13.6%	44%	93.2%	31.6%		
26.2%	48.5%	83.9%	39.2%		

		2012					
Southern Sector	65-74	65-74 75-84 85+ 65+					
Omagh	3,959	2,370	850	7,179			
Fermanagh	5,291	3,189	1,276	9,756			
Total	9,250	5,559	2,126	16,935			

2023					
Total					
65-74	75-84	85+	65+		
5,757	3,473	1,411	10,641		
7,100	4,384	1,823	13,307		
12,857	7,857	3,234	23,948		

% Change					
Total					
65-74	65-74 75-84 85+				
45.4%	47%	66.0%	48.2%		
34.2%	37%	42.9%	36.4%		
39.0%	41.3%	52.1%	41.4%		

Source: NISRA - Age Bands by LGD, 2008 Population Projections

Table 24: Permanent Residents in Statutory/Independent Residential Care
Homes for category I Western LCG Area

	Permanent Residents as % of Current Population 65+	2023 Population Projections	Projected Demand for Residential Home Places in 2023	Existing Registered Beds	Registered Beds Less Projected Demand
Northern Sector	0.3370%	33,589	113	155	42
Southern Sector	0.669%	23,948	160	183	23
Western Area	0.4745%	57,537	273	338	65

Note: 2023 population projections sourced from NISRA - Age Bands by LGD, 2008 Population Projections. Straight line projection based on current permanent resident profile tables 4-6. Permanent residents as a % of current population 65+ based on Table 1 Population figures above.

Current temporary residents profile is not used for be projections as current permanent residents also includes previous clients designated temporary that have become permanent. Including current temporary therefore, would over inflate projected demand for beds, as it would not take account of deaths and discharges.

3.8 Supported Living

A summary of supported living and sheltered accommodation facilities and their associated registered beds is supplied in Tables 25 -27 below.

Table 25: Summary of Supported Living & Sheltered Accommodation Capacity in the Western Trust at September 2014

Location	Number of Facilities	Number of Units	Average Occupancy
Derry/Londonderry	28	740	95.85
Limavady	4	85	99.95
Strabane	6	129	96.50
Fermanagh	10	239	91.44
Omagh	9	176	97.19
Total	57	1,369	95.39

Source: WHSCT "Update on Supported Living", February 2014, NIHE Occupancy of Housing with Care schemes in WHSCT area September 2014.

Table 26: Supported Living & Sheltered Accommodation Capacity in the Northern sector Locality at September 2014

	ondonderry			Limavady	
Facility	Number of Units	Average Occupancy	Facility	Number of Units	Average Occupancy
Abbey House	30	99.84	Benvenagh Fold	28	100
Abbey House Pipeline	12	99.04	Bradagh Fold	21	99.82
Alexander House (Frail Elderly)	20	97.92	Roe Fold	24	100
Alexander House (Sheltered)	24	97.92	Thiepval Court	12	100
Ardavon House	10			Strabane	
Beechwood Court	37	99.32	Bessie Bell Court	24	97.15
Brickfield Court	43	98.78	Coleman Fold	32	100
Clements Court	13	89.68	Derg Fold	18	100
Creggmount	17	98.29	Mulvey House	31	98.63
Culmore Park	47	100	Park View Court	10	99.42
Daleview House (Frail Elderly)	18	80.89	Park View House frail & elderly	14	93.82
Donal Casey Court	29	98.23			
Father Mulvey Park	29	99.43			
Foyle Fold	57	96.39			
Foyle SPFS	22	90.91			
Glenbrook House	39	99.44			
Jack Allen Court	29	97.25			
Lavery Fold	50	99.96			
Lisnamon Court	25	99.36			
Lisnavar Court	34	98.5			
Nora Frazer Court	10	99.04			
Sevenoaks (Supported)	5	65			
Sevenoaks (Non- registered)	14	103.57			
Sevenoaks (Registered)	16				
Somme Park 1	14	95.24			
Somme Park 2	26	96.81			
St Canice's Close	23	99.13			
Strathfoyle Peripatetic Support	20	90			
The Metropole	27	97.3			
Total Northern	Sector		954		

Source: WHSCT "Update on Supported Living", February 2014 Facilities. NIHE Occupancy of Housing with Care schemes in WHSCT area September 2014.

<u>Table 27: Supported Living & Sheltered Accommodation Capacity in the Southern sector at September 2014</u>

	Omagh		Fermanagh		
Facility	Number of Unit	Average Occupancy	Facility	Number of Units	Average Occupancy
Brownhill Fold	22	97.4	Barbour Court 1	20	98.75
Coolnagard 1	7	100	Barbour Court 2	11	99.25
Coolnagard 2	4	95.81	Carn Court	12	94.23
Hillbank Fold	44	98.75	Castlehill House	5	80
Meadowbank	25		Castlehill House 2	6	91.67
Monasterbane Fold	5	99.23	Clachan Court	12	99.7
Mullinacross Fold	10	88.4	Drumhaw Fold	25	99
St Julian's House	44	98.34	Drumkeen Court	10	100
St Julian's House	15	99.62	Gnangara Enniskillen	15	31.67
			Inis Fold	33	99.83
			Lisnaskea Older Peoples Service SPFS 62	35	97.5
			Lowtherstown Court	25	98.23
			Westbridge House	30	98.86
Total Souther Units	n Sector	415			

Source: WHSCT "Update on Supported Living", February 2014 Facilities. NIHE Occupancy of Housing with Care schemes in WHSCT area September 2014.

4.0 Stakeholder feedback and proposals for improvement of availability and accessibility of services.

4.1 Local Services which support people to remain at home

As can be inferred from Table 3, Section 3, over 87% of our 65+ population are living at home with no care package in place. As stated previously, of the remaining 13%, 71% of those remain at home with a domiciliary care package with 17% in nursing care and 4% approximately in residential care. The focus on supporting people to remain in their own homes has been the strategic direction for many years now and during that time, both the Western Trust and the Western LCG have worked hard to ensure that the right balance of services are in place across our localities to enable our older population to remain at home and be as independent as possible.

4.2 LCG Engagement

The WLCG, in conjunction with the community networks across the West, held an engagement event in Enniskillen on 3rd April 2014. The aim of this event was to take forward important rural themes highlighted by the local Community Networks across the West including: rural issues of poverty, isolation, transport and access to services.

Eighty-two participants attended this event contributing their thoughts and ideas on Health Service issues in rural areas.

Participants comprised of:-

- Community and Voluntary Sector Organisations
- Service users
- Local Community Networks
- Health and Social Care Staff:-
 - HSCB
 - WHSCT
 - PHA
- Local Government Representatives

Key issues which emerged included:

Effective contact and information services//telecommunication infrastructure

- Reducing social isolation through schemes such as volunteer calling services/telephone contact services
- Sustaining/developing befriending schemes, e.g. social contact aspect of Meals on Wheels
- Flexible booking times for Hospital appointments
- Outreach Ambulance services, e.g. Feeney
- Recognising social integration opportunities afforded by Residential care
- Development of Primary Care Centres are crucial
- Better Carer identification and support by Health and Social Care professionals
- More flexible respite support and better advocacy regarding the rights of carers
- Sustain paid Carers through formalised training and development ensuring less turnover and greater consistency of staff involvement with older people
- More 'Flexicare' type schemes such as handyman and greater local community/voluntary sector involvement

In taking account of the above engagement messages and in order to support people effectively at home, it is important that there are a suitable range of services in place to provide alternatives to residential home care. These alternatives include:

- Domiciliary Care
- Reablement
- Flexicare
- Self-Directed Support / Direct Payments
- Carer support
- Supporting People
- Residential care
- E-Health

4.3 Domiciliary Care

The following sections will also demonstrate how Reablement in particular and Flexicare will provide further additional services to meet new demand, to address demographic population growth and maintain people at home for as long as possible.

Table 17 above shows the overall growth in weekly domiciliary hours by provision mode. For the last 4 years identified there has been an overall increase of 1.8% in the number of clients receiving domiciliary care services from 3,836 in 2010 to 3,905 in 2013. There has also been a much greater increase in the average number of hours provided per client/week of 0.7 or 8.54% (8.2 to 8.9 hours) in this period.

This reflects the growth in intensity of provision possibly reflecting tightening of FACS criteria by the Trust and greater needs presenting. These statistics are further reflected in the overall growth in weekly hours over the period from 3,414 or just under 11%.

The LCG invested in demographic resources with the WHSCT to assist with the expansion of domiciliary care hours. Currently of the 65+ population in the Western LCG area, 9.41% are supported at home with a domiciliary package of care.

Table 18 above illustrates weekly hours by local district for the same 4 year period indicating percentage share and growth. Whilst Derry City domiciliary care recipients receive the greatest share and number of weekly hours reflecting their population size, this district has seen the smallest percentage growth in weekly hours at 9.3%. Strabane has seen the largest growth at 14.7% with the remaining 3 districts showing similar growth in hours at 10.8%.

The smaller growth in hour's in Derry City may be partly explained by the introduction of the reablement service in the cityside area, the introduction of the more efficient runs and rotas service model together with the apparent relatively high use of residential care homes for intermediate care and respite care.

The population projection to 2023 (table 2), shows that Strabane, Limavady and L'Derry respectively, have the greatest increases in percentage growth terms, for the over 85 population across the West. It is therefore likely that the biggest growth in the number of weekly domiciliary care hours will be in these localities over the coming years.

4.4 Flexicare and Reablement

The table below illustrates the key component elements of the Flexicare preventative services and how they sit alongside the Western Reablement proposed implementation.

The Flexicare preventative elements are fully in place whilst aspects of the single point of information and therapy led reablement service are in the early stages of implementation.

Table 28: Flexicare and Reablement

Flexicare and Reablement

Model with 3 component elements:

Preventative Support	Single Point of Contact	Therapy Led Reablement
Flexicare	Information	Occupational
Flexicare Extension	Advice	Therapy
Active Ageing	Signposting	
Floating Support	Community Navigator	Homecare Reablement
Tele-care	Access to Assessment	

The sections below describe in further detail current and planned progress with the development of these service alternatives to assist people to remain in their own homes.

4.5 Reablement

Reablement is a service for people who have suffered from health or social care crisis and those who are recovering from an illness or injury and have become frail as a result. It aims to enable people to regain the ability to perform their usual daily living so they can stay independent and continue to live in their own homes. The Western Trust has established a reablement service in the Cityside area of Derry/Londonderry or 17% of the Trust's area.

The Western LCG has provided resources to the Trust to implement reablement in the northern sector and it is the LCG's expectation that it will be fully implemented across the sector districts by the end of December 2014. Further discussions are being held with the Trust to provide resources to implement the reablement model in the southern sector with an expectation by the LCG of full therapy led team and Contact and Information centre implementation by June 2015. As the model is rolled out, it is expected that this will improve independence levels within the older population and delay the time when individuals are likely to require residential care and other types of care.

From April 2014 to September 2014, 211 clients have started on reablement in the Cityside area, 81% have been discharged from the scheme within 6 weeks. 32% of those discharged, required no on-going care with much of the remainder requiring on-going domiciliary care (52%) or admission to hospital (13%). Approximately 0.5% required residential, nursing, respite or temporary care. It is expected that reablement will have an impact on the need for residential care, through enhancing independence amongst our older population and extending the ability to remain at home. (Source: PMSI September 2014)

4.6 Flexicare

The West LCG has provided assistance to the Western Trust to continue to provide extended Flexicare services in the Western area through its support for the Trust's formal business case submitted to DARD (Department of Agriculture and Rural Development). The schemes recognises the shared agenda of the statutory sectors on sustaining/maintaining rurally isolated communities and families through social preventative support services to address low to moderate level social care need and risks.

The scheme known as Flexicare 2 CERI (Connecting Elderly Rurally Isolated) builds on the existing Trust legacy Commissioner funded Flexicare service. Examples of services provided include handyman help, chaperoning, shopping visits and sitting services.

CERI outcomes include the following:-

- Extended access to a range of low level support
- Self-directed or sign posted access
- Enhanced community collaborative working
- Increased uptake and awareness of supports available MARA (Maximising Access to services, grants and benefits in Rural Areas).
- Identifies areas of unmet need
- 2662 individual clients accessed services to February 2014¹⁰
- 21,707 contacts/hours planned each year for 14/15 and 15/16¹¹
- Extended number of people accessing core Flexicare type services, increased uptake in active ageing

The Board/LCG has enabled the Western Trust to draw down further DARD funding for 2014-16 to continue to support the extended Flexicare/CERI service.

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¹⁰ Providing H&SC Services in Rural Areas April 2014, WHSCT

¹¹ Providing H&SC Services in Rural Areas April 2014, WHSCT

4.7 Self Directed Support and Direct Payments

The term 'Self-Directed Support' (SDS) describes the ways in which individuals and families can have informed choice about the way care is provided to them. It includes a range of service delivery options including Direct Payments, personal budgets or a mix of options for exercising those choices. Self-Directed Support allows people to develop support plans to meet their assessed needs, the provision of a personalised budget results in people having greater choice, independence and control over how their support needs are met.

Within the Elderly POC 4 Direct Payments in the WHSCT has increased by 25.42% from March 2011 to March 2014.

The Board has plans over the next 3 to 4 years to increasingly draw on forms of self-directed support (SDS) as a way of clients accessing social care supports. Rather than carers and clients relying solely on traditional care and support options, organised and delivered by Trusts based on their needs, they will have options to receive a direct payment, personalised budget or, by mixing various options, creating their own individualised budget. This means that people will have much more flexibility and control in the types of support which can be accessed. Examples might include gym membership, support from a personal assistant, care at home, yoga classes, art classes etc. ¹²

The uptake of direct payments in the West and by sector is illustrated in the graph below.

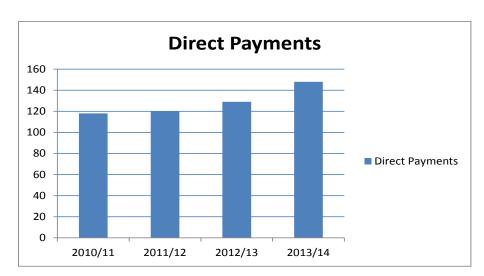


Figure 5: Uptake of Direct payments in the Western LCG Area (includes Dementia)

Source: Information to Support Statutory Homes Consultation for LCG's version 3, June 2014.

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¹² SDS/PID Project Initiation document

4.8 Carer Support

The 2011 Census indicates that 11% or 32,493 of all usual residents in the WLCG area provide unpaid care to another person (all age groups). This has grown by 15% since 2001. In the Western Trust 889 assessments were offered in 2013/14.

There were 285 adult carers caring for older people at 31 March 2014 with the main forms of short break uptake in the West being residential/nursing homes and day care, followed by domiciliary care/direct payments and cash grants. (PMSI report Q/E March, 2014).

Quarter ending comparisons for June 2014 compared to June 2013 show a reduction in carer assessments offered and completed for older people in the Western area of 35.6% and 30.5% respectively (PMSI Draft activity report for Quarter ended June 2014, Review of Carers Assessments).

4.9 Supporting People

Supporting People is in the process of setting the future commissioning priorities and direction of planning over the next 3 year CSR period. In developing the draft commissioning plan (which is due to be presented for consideration by the SP Commissioning Body at its next meeting), there is potential for both capital and revenue developments.

Commissioning based on robust needs assessment will be essential with a focus on the need for low level community support services and the service user's journey. For older people within the Western LCG area, this focus will enable consideration of the natural links into reablement and developing low level community support services using the existing sheltered schemes as hubs reaching out into the community to support people in their own homes.

Services will coalesce around other preventative services which support reablement such as Flexicare and floating support whilst services such as aids, adaptations and assistive technologies in peoples own homes will also have a key focus.

4.10 <u>Future Planned Independent Sector Residential and Nursing Home</u> <u>Developments</u>

At the time of writing it is understood that Cornfield Nursing home in Limavady recently opened an additional 53 rooms inclusive of two residential beds with a new total bed compliment of 128.

It is also understood that phase one of the Avondale development on the Limavady Road, L'Derry, will open in December 2014. This will provide an additional 46 Nursing EMI beds. Phase two of the development will open around Easter time 2015 which will offer an additional 34 beds with registration application being dependent upon the needs of the local population.

4.11 <u>eHealt</u>h

In addition to the work being led regionally through the 'Beyond Silos' project (See Glossary), the LCG has inputted locally to CAWT project proposals for the next Interreg V funding round 2014 -2018. These proposals are in line with the new

eHealth and Social Care Strategy which is currently the subject of public consultation.

The aim of the project is to promote the involvement of older people as active members of their own communities and support older people to live independently in their own homes. This will involve building the capacity of communities to ensure that they can work with the statutory sector to tackle health inequalities, particularly within the most deprived and excluded areas.

The project will maximise the use of technology (such as, but not limited to, telecare and telehealth, GPS tools etc.) with the aim of improving access, outcomes and efficiency. It will include development of e-health initiatives (eAssisted Living) to promote health and wellbeing and to support independence.

The intention will also be to support the development of local treatment advice centres/hubs whereby 'virtual clinics' could be provided to minimise the disadvantage faced by older people living in rural areas in terms of travel costs and accessibility to appropriate travel options which may prevent them from accessing services.

Conclusion

Based on the information presented above in relation to the Western LCG and its sectors, the following points should be noted:

- There are currently 338 registered residential beds in the area.
- Population projections and current demand profiles would indicate a need for 273 beds by 2023. **This would suggest a surplus of 65 beds.**
- There are currently 1284 places in sheltered / supported living accommodation with 930 of these in the Northern sector.
- Current occupancy levels are very high in supported living schemes especially in the Northern sector.
- Flexicare, reablement and self-directed support offer significant opportunities for further progress in assisting people to remain within their own homes for as long as possible.
- There has been a decline in carers assessments offered and completed from the end of June 2013 to the end of June 2014.
- Increased use of intermediate care beds in statutory homes (rehabilitation/step /down beds) in the Northern sector areas reflecting earlier hospital discharge.
 Decrease in respite bed usage in the Northern sector with the exception of Strabane.
- For the last 4 years there has been an overall increase of 1.8% in the number of clients receiving domiciliary care services from 3,836 in 2010 to 3,905 in 2013. However there has been an 11% increase in weekly hours over the same period. (NISRA survey information from September 2013 confirms growth in domiciliary care intensity, i.e. growth in average hours received by client, in the West).

Proposals to improve availability and accessibility of services

- The WLCG anticipates that further investment will enable full roll out to improve accessibility to reablement therapy led model into the rest of the Northern sector in early 2015 (Southern sector localities by June 2015). This initiative will further delay / reduce demand for forms of on-going care including residential care.
- The LCG expects to invest in the establishment of a Contact and Information Centre by the WHSCT to connect people to the appropriate services/supports available by January 2015 thereby improving accessibility to services.
- The LCG will invest match resources alongside those already invested by PHA
 in a signposting service within Independent care collaboratives in the Northern
 sector and across the West, for the provision of preventative Flexicare service
 (including extended Flexicare) to assist people in remaining within their own
 homes.
- The LCG expects the establishment of an online portal/Directory of services/Providers which will be updated on a regular basis by connect workers.

- The WLCG supports increased uptake of self-directed support approaches to improve accessibility to flexible respite/short break options (through improved carer identification/assessment of need.) Further progress with uptake of direct payments/other SDS options will be necessary to achieve this.
- The LCG will further invest, using demographic resources, to expand capacity of WHSCT domiciliary care budgets to assist with the expansion of domiciliary care hours.
- Supporting People there may be potential for future prioritisation of capital and revenue support funding by the Western Area Supporting People (WASP) inter agency stakeholder forum to expand supported housing schemes.

Glossary

Beyond Silos - The Beyond Silos project will focus on providing ICT tools to join up care pathways across health and social care services giving care teams common access to patient data and supporting older people to manage both acute and long term situations.

CAWT – Cooperation and Working Together, North/South health and social care working groups established to cooperate in delivering services across jurisdictions especially in remote border regions where access to mainstream health and social care services is challenging and shared working and access is mutually beneficial to local populations.

EMI – Elderly Mentally Infirm

FACS – Fair Access Criteria developed by the DHSSPSNI and used by Trusts to determine access to domiciliary care support based on degree of assessed need.

Intermediate Care – Intermediate care is a range of integrated services to prevent unnecessary hospital admission, promote faster recovery from illness, support timely discharge and maximise independent living.

NHI/DE - Nursing Home Infirm/Dementia

PID - Project Initiation document

RC - Residential Care

Respite – "respite" suggests solely the relief of a burden; the provision of short breaks conveys a positive experience and the maintenance of the caring relationship (Source: Health and Social Care Board Regional Short Break (Respite) Development Group, Draft Terms of Reference).

RHI/DE - Residential Home Infirm/Dementia

RTNI – Remote Telemonitoring Northern Ireland

SDS – Self Directed Support

Western LCG, Western Local Commissioning Group

WHSCT, Western Health and Social Care Trust

MAKING CHOICES:

Proposed Changes in the Provision of Statutory Residential Care in the Western Health and Social Care Trust

PART 2 Consultation Questions & Response Form

Part 2 – Consultation questions and response form

You can respond to the consultation in a number of ways:

- 1. Fill in this form, detach it from the consultation document, and post it back to us.
- 2. Fill in the online form available on www.westerntrust.hscni.net
- 3. Download a Microsoft Word or PDF version of this questionnaire from www.westerntrust.hscni.net complete it and e-mail or post it back.
- 4. Contact us and we will send you out a hard copy of this questionnaire.
- 5. E-mail or write to us with your comments.

If you wish to make further comment than space allows on this form, please continue on a separate piece of paper and include it with your response.

You can contact us or send us your response to:

Mrs Bernie McCafferty

Strategic Change and Performance Improvement Manager

Spruce Villa

Gransha Park

Clooney Road

Londonderry

BT47 6TF

TEL: 028 71 863912, Ext 217572

Email: <u>bernie.mccafferty@westerntrust.hscni.net</u>

We are happy to take anonymous responses, but we are keen to be able to see what the response rate is across Northern Ireland and meet with our statutory requirement to capture Section 75 related data. So we would appreciate it if you would fill in the questions about you and where you live.

Date of birth:

Gender:				
Male				
Female				
Marital Status:				
Single				
Married/civil partnership				
Other				
Community Background:				
I am a member of the Roman Cat	holic comn	nunity		
I am a member of the Protestant	community			
I am a member of neither the Ror Protestant community	nan Cathol	ic or		
Religious belief: please tick the	box which i	reflects	you religio	ous belief
Buddhist				
Christian	,			
Hindu				
Jewish				

Muslim	
Sikh	
None	
Other	

Ethnic Background: which of these ethnic groups do you consider you belong to?

Bangladeshi	
Black African	
Black Caribbean	
Black Other	
Chinese	
Filipino	
Indian	
Irish Traveller	
Mixed ethnic group	
Pakistani	
White	
Other	

Nationality:

British	
English	
Filipino	
Indian	
Irish	

Latvian		
Lithuanian		
Northern Irish		
Pakistani		
Polish		
Portuguese		
Scottish		
Welsh		
Other		
Do you have caring responsibilities (tick circumstance) A child (children) A dependant older person	c each box which appl	es to your
A person(s) with a disability		
None of the above		
Disability: Do you consider yourself as having a disab	oility?	1
Yes		
No		
Sexual Orientation: My sexual orientation	n is towards someone:	Í
Of the opposite sex		

Of the same sex

I do not wish to answer

Of the same and the opposite sex

Political opinion: please tick the appropriate box to indicate your political opinion

Broadly Nationalist	
Broadly Unionist	
Other	
I do not wish to answer	

I am responding	As an individual
(tick as appropriate)	On behalf of an
	organisation
Name	
Organisation (if	
appropriate)	
Job title (if appropriate)	
Address	
We are keen to	
understand where people	
are responding from, so	
please let us know	
roughly where you are	
from	
E-mail	

Δre \	ou currently	a resident in a	a statutory	, care home f	or older	neonle?
AIC I	you currerilly	, a i coluciil iii (a Statutory	y care nome n	oi oidei	heobie:

Yes	
No	

Are you a family member/carer for a person who is currently a resident in a statutory care home?

Yes	
No	

*Please indicate if you wish your response to be treated as anonymous.

Yes	
No	

QUESTION 1 Thackeray Place Statutory Residential Care Home will remain open and continue to accept admissions due to the current lack of alternative provision at present. Do you agree?

Agree:	
Disagree:	
Don't Know:	
No Opinion:	
Any Comments:	

QUESTION 2 Greenfield Statutory Residential Care Home will remain open and continue to accept admissions due to the current lack of alternative provision at present. Do you agree?

Agree:	
Disagree:	
Don't Know:	
No Opinion:	
Any Comments:	

QUESTION 3 Rectory Field Statutory Residential Care Home should cease admissions and as a result this Home will eventually close. The Home will continue to function for as long as it can safely meet the needs of current residents. Do you agree?

Agree:	
Disagree:	
Don't Know:	
No Opinion:	
Any Comments:	

QUESTION 4 William Street Statutory Residential Care Home should cease admissions and as a result this Home will eventually close. The Home will continue to function for as long as it can safely meet the needs of current residents. Do you agree?

Agree:
Disagree
Don't Know
No Opinion:
Any Comments:

QUESTION 5 What other services do you think could be provided as an alternative to support people to remain at home? Comments:

QUESTION 6 Have you any other suggestions that would help us to make decisions regarding the future accommodation needs of older people?

Comments:				

QUESTION 7 We would appreciate any views you may have on the approach used by the Trust for carrying out this consultation, including ways in which you think it could be improved.

Comments:	